

### **Breakfast Directions**

**Storage Requirements for Bread items:** May be stored refrigerated or room temperature. If refrigerated, use within 5 days. If stored at room temperature, use within 3 days. No cooking required. If desired, heat in the microwave for 10-15 seconds.

**Storage Requirements for Tac-Go:** Store under refrigeration until ready to eat. Use within 2 days.

**Microwave Directions:** Heat for 30-45 seconds. Let rest for 1 minute before consuming.

**Storage Requirements for French Toast:** May be stored frozen or refrigerated. If refrigerated, use within 2 days.

**Oven Directions:** Bake thawed product in wrapper at 350°F for 5-7 minutes.

**Storage Requirements for Mini Pancakes:** May be stored frozen or refrigerated.

**Oven Directions:** Bake product in wrapper at 275°F for 5-7 minutes. Let rest for 1 minute before consuming.

**Storage Requirements for Uncrustable:** Keep Frozen. Thaw in the refrigerator and consume within 2 days. No cooking required; thaw and serve.

**Storage Requirements for Cereal:** Store and serve at room temperature.

**Storage Requirements for Dairy Products:** Must be stored under refrigeration until ready to eat.

*Keep juice and milk in the refrigerator*

*Fresh, whole fruit can be stored at room temperature or refrigerated.*

### **Lunch Directions**

**Storage Requirements for Mini Cheeseburger Twins:** May be stored frozen or refrigerated until ready to serve. Once thawed, consume within 5 days.

**Oven Directions:** Bake at 325°F for 15-20 minutes for frozen product or 10-15 minutes for thawed product. Let rest for 2 minutes before consuming.

**Microwave Directions:** Open one end of wrapper, heat on high for 60-70 seconds. Let rest for 1 minute before consuming.

**Storage Requirements for Teriyaki Chicken Bowl:** Keep frozen until ready to eat.

**Microwave Oven:** Puncture film 3-4 times. Cook on high for 5-6 minutes or until hot. Let stand for 3 minutes. Carefully remove film to avoid steam burns.

**Conventional Oven:** Preheat oven to 350° F. Puncture film 3-4 times. Place bowl on baking tray. Bake for 45-50 minutes or until hot. Let stand for 1-2 minutes. Carefully remove film to avoid steam burns.

**Storage Requirements for Bean & Cheese Burrito:** Store frozen until ready to use.

**Oven Directions:** Bake at 310°F for 23-28 minutes. Let rest for 2 minutes before consuming.

**Storage Requirements for Tortillas:** May be stored refrigerated or room temperature. If stored at room temperature, use within 2 days.

**Microwave Directions:** If desired, remove from package and wrap tortillas in a paper towel. Heat for 10 seconds.

**Storage Requirements for Cheesy Pull-Aparts:** Store frozen. Maybe thaw under refrigeration 24 hours prior to baking.

**Oven Directions:** Bake frozen product at 350°F for 18-20 minutes. Thawed product, 11-13 minutes. Let rest for 2 minutes before consuming.

**Storage Requirements for Fruit Cups:** Keep refrigerated.

**Storage Requirements for Dry Fruit:** Store and serve at room temperature.

**Storage Requirements for Bean & Two Cheeses Dip:** Store frozen until ready to use.

**Oven Directions:** For best results, thaw before cooking. Cook in an oven preheated to 350°F. Cook from frozen for 16-24 minutes or from thawed for 7-12 minutes. Let rest for 2 minutes before consuming.

**Microwave Directions:** If from frozen state, heat on high for 45 seconds to 1 minute and 30 seconds. Let rest for 1 minute before consuming. If from thawed, heat for 30 to 45 seconds. Let rest for 1 minute before consuming.

**Storage Requirements for Calzone:** Store frozen until ready to use.

**Oven Directions:** Cook in an oven preheated to 325°F. Bake for 15-17 minutes. Make sure to cook to an internal temperature of at least 165°F. Let rest for 2 minutes before consuming.

**Storage Requirements for Chicken Tender and Cheese Wrap:** Store frozen until ready to use. Once thawed in the refrigerator, must be used within 3 days.

**Oven Directions:** For best results, heat from a thawed state. Place wrap onto a sheet pan with the seam of the wrapper facing down. Cook in an oven preheated to 350°F. Bake for 50-60 minutes if from frozen or for 12-15 minutes if from thawed state. Make sure to cook to an internal temperature of 165°F. Let rest for 2 minutes before consuming.

**Microwave Directions:** If from frozen state, heat on high for 50 seconds. Let rest for 15 seconds. Heat for another 30 seconds. Let rest for 1 minute before consuming. If from thawed, heat for 45 seconds. Let rest for 15 seconds. Heat for another 15 seconds. Let rest for 2 minute before consuming.

**Storage Requirements for Cheese and Green Chile Tamal:** Store frozen until ready to use.

**Microwave Directions:** Wrap each tamale in a damp paper towel and place on a microwave safe plate. Microwave for 1 minute to 1 minute 15 seconds until hot. If frozen, cook for 1 additional minute. Let rest for 2 minutes before consuming. Remove from wrap and enjoy.

**Stove Top Instructions:** Place tamal in a steamer basket over boiling water. Steam for 8-10 minutes. If tamale is frozen, steam for additional 2 minutes. Remove tamale from steam basket and let rest for 2 minutes. Remove from wrap and enjoy.

**Storage Requirements for Chimichanga:** Store frozen until ready to use.

**Oven Directions:** Preheat the oven to 310°F. Bake on a sheet pan for 23-28 minutes. Let rest for 2 minutes before consuming.

**Storage Requirements for Cheese Enchiladas:** Store frozen until ready to use.

**Oven Directions:** Preheat the oven to 325°F. Bake on a sheet pan for 28-33 minutes, or until it reaches an internal temperature of 165°F. Let rest for 2 minutes before consuming.

**Storage Requirements for Meatball Hoagie:** Store frozen until ready to use.

**Oven Directions:** Do not remove wrap before heating. Preheat the oven to 325°F. Cook on a sheet pan for 20-25 minutes. Let rest for 2 minutes before consuming.

**Storage Requirements for Pork Rib Patty:** Store frozen, or refrigerated up to 7 days. Do not refreeze.

**Oven Directions:** Place product on lined baking sheet. Preheat the oven to 350°F. Cook on a sheet pan for 15-20 minutes from frozen, thawed 12-15 minutes. Cook time may vary.

**Storage Requirements for Corn Dog:** Store frozen until ready to use.

**Oven Directions:** Place product on lined baking sheet. Preheat the oven to 350°F. Cook on a sheet pan for 23-25 minutes. Heating times may vary depending on oven. Do not overcook as batter may crack due to expansion of frankfurter.

**Storage Requirements for Mini Chicken Corn Dog:** Store frozen until ready to use.

**Oven Directions:** Place product on lined baking sheet. Preheat the oven to 375°F. Cook on a sheet pan for 17-19 minutes. Heating times may vary depending on oven.

**Storage Requirements for Pizza 4x6:** Store frozen until ready to use. Defrost product at least 50% under refrigeration.

**Oven Directions:** Preheat the oven to 350°F. Place product on lined baking sheet. Cook for 9-12 minutes or until cheese is melted and product is warm throughout. Please note that time and temperature vary from oven to oven.

**Storage Requirements for Chicken Nuggets:** Store frozen until ready to use.

**Oven Directions:** Preheat the oven to 350°F. Place frozen pieces onto a lined baking sheet. Place pan on middle oven rack and bake for 8-10 minutes. Fully heat product to a minimum internal temperature of 165° F. Let rest for 2 minutes before consuming.

**Storage Requirements for Turkey Pepperoni Stuffed Sandwich:** Keep frozen until ready to use.

**Oven Directions:** Preheat the oven to 350°F. Place sandwich pouch onto a lined baking sheet. For a crispier crust, open one side of the pouch prior to baking. Bake for 28-30 minutes or until the cheese is melted and the product is warm throughout. Rotate half way through cooking time. Let rest for 2 minutes before consuming.

**Microwave Directions:** Open one end of wrapper to vent. Place in the center of the microwave and cook on High for 2 minutes to 2 minutes 30 seconds. Pizza sandwich is done when cheese is melted.

**Storage Requirements for Grilled Cheese:** Keep frozen until ready to use. Thaw in the refrigerator before using.

**Oven Directions:** Place thawed product on lined baking sheet. It is not necessary to remove from the film before heating. Preheat the oven to 350°F. Bake until the cheese is melted and the product is warm throughout, approximately 11-12 minutes. Let rest for 2 minutes before consuming.

**Storage Requirements for Turkey/Pork, & Cheese Sandwich:** Keep frozen until ready to use. Thaw in the refrigerator the night before using. Once thawed, must be used within 3 days.

**Oven Directions:** Place thawed product on lined baking sheet. It is not necessary to remove from the film before heating. Preheat the oven to 350°F. Bake until the cheese is melted and the product is warm throughout, approximately 10-12 minutes. Let rest for 2 minutes before consuming. If from frozen, heat product at 350°F for 18-20 minutes.

**Storage Requirements for Quesadilla:** For best results heat from a refrigerated state. Thaw in the refrigerator the night before using. Once thawed, must be used within 3 days.

**Oven Directions:** Place thawed product on lined baking sheet. It is not necessary to remove from the film before heating. Preheat the oven to 225°F. Bake until the cheese is melted and the product is warm throughout, approximately 30-35 minutes. Let rest for 2 minutes before consuming.

**Do not Microwave Product**

*Fresh, whole fruit can be stored at room temperature or refrigerated.*

*Fresh vegetables should be refrigerated.*

*Canned vegetables can be cooked in microwave or stove.*

*Milk, keep refrigerated.*

*Other meats should read 165°F when cooked on a well-calibrated thermometer.*



*Please contact us with your questions or comments.*